



Fence-For-Fun Camps

Introductory & Beginning to Intermediate Camps

Camp Director: 408-210-2655 or info@calfencingacademy www.calfencingacademy.com

West San Jose Club: 5289 F Prospect Road. San Jose, Ca 95129
 Mountain View Club: 950G North Rengstorff Avenue. Mt View Ca. 94039

“WHY FENCING?”

Because it is one of the coolest, most exciting, fun sports around!

Everybody enjoys playing with the lightweight flexible swords. Simply put fencing is one of the safest most rewarding sports available. Everybody should have an introduction to this modern Olympic sport and the art and science of swordplay.

We offer Introductory and Beginning-Novice-Intermediate camps for all age groups from 7 to 18. Intro camps are half day camps and the next level camps are all day camps. The level 2-3-4 camps are for fencers continuing after their first intro camp, or current developmental/recreational members of our club or any other club. We have camps at both of our clubs

INTRODUCTORY CAMPS are for those who have no experience fencing or who have had an introduction in the distant past. This fencing camp emphasizes having lots of fun while learning the basics of the sport. It also prepares you to join the beginning-novice Intermediate level camp or our club classes if you wish to continue. We play many fun developmental games, do paired drills, and you even get to fence each day! You will learn the basic rules, safety, and manners of the sport, how to advance and retreat, to attack and lunge, to parry and riposte, counter riposte, and to execute feint attacks and actions on the blade. The added benefits of learning to fence are that it develops and maintains both physical and mental fitness, teaches self-discipline, and great sportsmanship skills. It is also great way for youth and teens to stay in shape, reduce stress, and have a great social time as well. We all know how today’s kids are turning their attention to computers etc with less physical activity – fencing is a great way to have fun and get that much needed physical and mental fitness. All equipment is included in these camps.

BEGINNING-NOVICE-INTERMEDIATE CAMPS are for fencers who have completed the Intro-beginning camp or classes as well as all other fencers from CFA and other clubs. Previous learned actions are refined, new actions and combinations are learned, cool tricks and tactics are also taught. All fencers get to fence with the electronic scoring equipment, and they get to try all three swords; the foil, epee, and saber. This camp guarantees tons of fun and everyone finishes being at the novice, intermediate or Advanced level!

The **CAMP INSTRUCTORS** are professionally trained and certified instructors and fencing masters (not teen athletes like most other sport camps). They have produced and coached many US World Team members, Junior Olympic Champions, and many National Champions.

We look forward to seeing you in our camp! Just wear shorts or sweat pants, a t-shirt, and lace up athletic shoes, water bottle/snack, and a packed lunch for the all day camp. Drop-off is 20 to 10 minutes before start time. Pick-up is camp ending time to 10 minutes past. Please come in the first day to sign waivers and get info. Please give us your email as that is how we will confirm your registration. Space is limited so please do not procrastinate!

Fencing CAMP Schedule: **SUMMER: July-August**

| # | CAMPS | Age/Grade | Level | Club | Days | Times | Dates | Cost | Staff Notes |
|---|-------------------------|-------------|-------|----------|---------|-------------|------------|--------|----------------------|
| 1 | Intro-Beg Youth Camp | 7-12 years | 1 | San Jose | Mon-Fri | 10:00-12:00 | 7/7 -7/11 | 159.00 | (CFA/Northwest YMCA) |
| 2 | Intro-Beg Youth Camp | 7-12 years | 1 | Mt. View | Mon-Fri | 9:00-12:30 | 7/14 -7/18 | 199.00 | (CFA/MV Rec) |
| 3 | Intro-Beg Youth Camp | 7-12 years | 1 | San Jose | Mon-Fri | 9:00-12:30 | 7/21 -7/25 | 199.00 | (CFA/Los Gatos Rec) |
| 4 | Intro-Beg Teen Camp | 13-18 years | 1 | San Jose | Mon-Fri | 9:00-12:30 | 7/21 -7/25 | 199.00 | (CFA/Los Gatos Rec) |
| 5 | Intro-Beg Teen Camp | 13-18 years | 1 | Mt. View | Mon-Fri | 9:00-12:30 | 7/14 -7/18 | 199.00 | (CFA/MV Rec) |
| 6 | Intro-Beg Teen Camp | 13-18 years | 1 | San Jose | Mon-Fri | 10:00-12:00 | 7/28-8/1 | 159.00 | (CFA/Northwest YMCA) |
| 7 | Novice-Inter Youth-Teen | 7-18 years | 2-3-4 | San Jose | Mon-Fri | 9:00-4:00 | 8/4-8/8 | 385.00 | (CFA) |
| 8 | Novice-Inter Youth-Teen | 7-18 years | 2-3-4 | Mt. View | Mon-Fri | 9:00-4:00 | 8/11-8/15 | 385.00 | (CFA) |

Send enrollment form & payment to: 5289 F Prospect Road San Jose Ca., 95129. Intro questions to: info@calfencingacademy.com.

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| CFA ENROLLMENT FORM | | Which Location: San Jose Club _____ Mountain View Club _____ | |
| Students Name: _____ | Boy__ Girl__ | Age: _____ | B-Day __/__/__ Guardian’s Names: _____ |
| Hm. Phone: _____ | Wk Phone: _____ | Cell: _____ | Emergency Phone: _____ Who: _____ |
| Address: _____ | | Zip: _____ | Email: _____ |
| Age Group: 7-12 _____ 13+ _____ | | Class _____ | Day: M T W Th F S Camp ½ day _____ All Day _____ # _____ Class Month(s): _____ |
| Payment: Cash _____ Credit _____ Check # _____ | | Deposit \$ _____ | Paid Full: \$ _____ How did you here about CFA: _____ |